

200-hour Birchwood Center Yoga Teacher Training

Cost and Mandatory Session Dates

Birchwood Center Level I Yoga Teacher Training aims to produce quality yoga instructors who are creative in their teaching and committed to the practice and understanding of yoga as a way of life. The five month program includes lecture and experiential instruction with teachers Betsy Ceva, Charlene Bradin, Liz Schulman and others. Students will be expected to be reliable in their attendance to classes and in completion of assignments and readings. Graduating students who successfully meet all the requirements receive a 200-hour certification and will be prepared to teach a basic level I yoga class. Training Begins Friday September 7, 2007. Birchwood Center Teacher Training is approved by and registered with the Yoga Alliance.

Please check the dates below to make sure you will be able to attend all mandatory training sessions. Thank you.

Cost:

- To be considered for the program, all applications must include a non-refundable \$50.00 application fee and a \$500.00 deposit (separate checks please). If accepted into program the \$500.00 deposit will be deducted from the full tuition. If an applicant is not accepted into the program the \$500.00 deposit will be refunded. Deposit is non-refundable after September 7, 2007.
- The cost of the 200-hour Teacher Training program is \$2900.00 if paid in four monthly payments or \$2700.00 if paid in full by August 31, 2007 or.
- Monthly payments will be divided as followed:
\$2900.00 minus the \$500.00 deposit = \$2400.00. Four equal payments of \$600.00 will be due by September 7th, October 6th, November 2nd, and December 1st. The first payment is required by September 7th, 2007.
- The cost of the training includes all materials, (excluding text books) and unlimited classes at Birchwood Center for the duration of the program. Trainees will receive a 10% discount on all workshops offered at Birchwood as well as a 10% discount at Birchwood Yoga Essentials. (Some restrictions apply.)

Mandatory Training Session Dates:

September 2007
7th - 6:00-9:00
8th - 11:00-7:00
9th - 12:00-7:00

November/December 2007
30th - 6:00-9:00
1st - 11:00-7:00
2nd - 12:00-7:00

Your unlimited class card
can be used from
September 7, 2007-
January 31st, 2008.

October 2007
5th - 6:00-9:00
6th - 11:00-7:00
7th - 12:00-7:00

January 2008
11th - 6:00-9:00
12th - 11:00-7:00
13th - 12:00-7:00

Every Saturday morning
session begins with
Charlene's 9-10:30am
class. Please arrive no later
than 8:45 to find your
space in class.

November 2007
2nd - 6:00-9:00
3rd - 11:00-7:00
4th - 12:00-7:00

Graduation 2-5pm
February 3rd, 2008.