

# 500-hour Birchwood Center Yoga Teacher Certification Cost and Mandatory Session Dates

Birchwood Center Advanced Level Yoga Teacher Training aims to produce quality yoga instructors who are creative in their teaching and committed to the practice and understanding of yoga as a way of life. The 300-hour five month program (for 200-hour certified teachers) and the 500-hour ten month program include lecture and experiential instruction with teachers Betsy Ceva, Charlene Bradin, Liz Schulman and others. Students will be expected to be reliable in their attendance to classes and in completion of assignments and readings. Graduating students who successfully meet all the requirements receive a 500-hour certification and will be prepared to teach beginner through advanced level yoga classes.

Training begins Friday September 7<sup>th</sup>, 2007 for the full 500-hour program and goes through May 18<sup>th</sup>, 2008. The 300-hour program (for 200-hour certified teachers) begins January 25<sup>th</sup>, 2008 and goes through May 18<sup>th</sup>. Both 300 and 500 hour students will have unlimited class cards through June 29<sup>th</sup>, 2008 in order complete all mandatory class and assisting requirements. 300-hour students begin their class cards on January 2<sup>nd</sup>, 2008 and must begin attending classes at that time. Birchwood Center Teacher Training is approved by and registered with the Yoga Alliance.

*Please check the dates below to make sure you will be able to attend all mandatory training sessions. Thank you.*

## Cost: 500-hour Ten Month Program

- To be considered for the program, all applications must include a non-refundable \$50.00 application fee and a \$500.00 deposit (separate checks please). If accepted into the program the \$500.00 deposit will be deducted from the full tuition. If an applicant is not accepted into the program the \$500.00 deposit will be refunded. The deposit is non-refundable after September 7<sup>th</sup>, 2007 for the ten month program.
- The cost of the 500-hour Teacher Training program is \$5,500.00 if paid in six monthly payments or \$5,200.00 if paid in full by August 31, 2007.
- Monthly payments will be divided as followed:  
\$5,500.00 minus the \$500.00 deposit = \$5,000.00. Six equal payments of \$833.33 will be due by September 7<sup>th</sup>, October 6<sup>th</sup>, November 2<sup>nd</sup>, December 1<sup>st</sup>, January 11<sup>th</sup> and February 22<sup>nd</sup>. The first payment is required by September 7<sup>th</sup>.
- The cost of the training includes all materials, (excluding text books) and unlimited classes at Birchwood Center for the duration of the program. Trainees will receive a 10% discount on all workshops offered at Birchwood as well as a 10% discount at Birchwood Yoga Essentials. (Some restrictions apply.)
- Please check mandatory session dates below.

## Cost: 300-hour Five Month Program for 200-hour Certified Instructors

- To be considered for the program, all applications must include a non-refundable \$50.00 application fee and a \$500.00 deposit (separate checks please). If accepted into program the \$500.00 deposit will be deducted from the full tuition. If an applicant is not accepted into the program the \$500.00 deposit will be refunded. The deposit is non-refundable after December 31<sup>st</sup>, 2007 for the five month program.
- The cost of the 300-hour Teacher Training program is \$3,200.00 if paid in four monthly payments or \$3,000.00 if paid in full by December 31<sup>st</sup>, 2007.
- Monthly payments will be divided as followed:  
\$3,200.00 minus the \$500.00 deposit = \$2,700.00. Four equal payments of \$675.00 will be due by January 2<sup>nd</sup>, February 6<sup>th</sup>, March 5<sup>th</sup>, and April 2<sup>nd</sup>. The first payment is required by January 2<sup>nd</sup>.
- The cost of the training includes all materials, (excluding text books) and unlimited classes at Birchwood Center for the duration of the program. Trainees will receive a 10% discount on all workshops offered at Birchwood as well as a 10% discount at Birchwood Yoga Essentials. (Some restrictions apply.)

### Mandatory Training Session Dates:

#### 500-hour dates September-May 2008

##### September 2007

Friday 7th - 6:00pm-9:00pm

Saturday 8th - 9:00am-7:00pm

Sunday 9th - 12:00pm-7:00pm

##### October 2007

Friday 5th - 6:00pm-9:00pm

Saturday 6th - 9:00am-7:00pm

Sunday 7th - 12:00pm-7:00pm

##### November 2007

Friday 2nd - 6:00pm-9:00pm

Saturday 3rd - 9:00am-7:00pm

Sunday 4th - 12:00pm-7:00pm

##### November/December

Friday 30th - 6:00pm-9:00pm

Saturday 1st - 9:00am-7:00pm

Sunday 2nd - 12:00pm-7:00pm

##### January 2008

Friday 11th - 6:00pm-9:00pm

Saturday 12th - 9:00am-7:00pm

Sunday 13th - 12:00pm-7:00pm

#### 300-hour dates January-May 2008

##### January 2008

Friday 25th - 6pm-9pm

Saturday 26th - 9am-7pm

Sunday 27th - 12pm-7pm

##### February 2008

Friday 22nd - 6:00pm-9:00pm

Saturday 23rd - 9:00am-7:00pm

Sunday 24th - 12:00pm-7:00pm

##### March 2008

Friday 14th - 6:00pm-9:00pm

Saturday 15th - 9:00am-7:00pm

Sunday 16th - 12:00pm-7:00pm

##### April 2008

Friday 11th - 6:00pm-9:00pm

Saturday 12th - 9:00am-7:00pm

Sunday 13th - 12:00pm-7:00pm

##### May 2008

Friday 16th - 6:00pm-9:00pm

Saturday 17th - 9:00am-7:00pm

Sunday 18th - 12:00pm-7:00pm

- 500-hour graduation takes place Sunday June 29th, 2-5pm.
- Every Saturday morning session will begin with Charlene's 9am-10:30 class. Please arrive no later than 8:45am to find your space in class.